



# CERTIFICATE OF PARTICIPATION

This is to certify that

**Herman Conradie**

Has successfully participated & completed the

**23km Cradle Escape - Adventure (7am)**

held at Cradle Moon Lodge.

**TIME 01:22:49**

**PACE 16.66km/h**

**GENDER 2 of 40**

**OVERALL 2 of 43**

**SUB VETERAN 2 of 13**

12 September 2020, Sat

Date



*BoutTime*

Signature

